

# CASSANDRA HOLT KIMBELL

MSEd, LPC, CFMHE, NCC

## *Certified Forensic Mental Health Evaluator*

I am a Licensed Professional Counselor and a PhD student in Counseling Psychology. I am a Certified EMDR Therapist with a love for and special interest in diagnosis and assessments. I am meticulous at pattern finding and case conceptualization. I love the work I do and the intersection of forensics. I am a consultant to both clinicians and attorneys.



## CLINICAL SPECIALTY AREAS

Diagnosis & Assessment

CPTSD

Autism

ADHD

Mood Disorders

## FORENSIC SERVICES

Trauma/PTSD

Differential diagnosis

Substance  
Use/ASAM/Addiction

Risk Assessment &  
Potential for Violence

Personal  
Injury/Emotional  
Damage

## CLINICAL EXPERIENCE

### *Mental Health Assessment Therapist*

*Spark & Pivot  
2025 - Present*

- Provide neuro-affirming diagnostic mental health assessments: specializing in co-occurring disorders
- Provide consultation surrounding diagnosis to clinicians.

### *Clinical Supervisor Director of Community Outreach and Professional Development*

*Freestyle Supervision and EMDR Group  
2024 - Present*

- Supervise four associate therapists weekly.
- Develop and present trainings monthly for entire staff and public.

### *Owner and Lead Trauma Therapist*

*Freestyle Therapy LLC  
2021 - present*

- Provide diagnostic mental health assessments and reports.
- Provide therapy to a caseload of 38 clients.
- Design and lead community clinical trainings.

## PROFESSIONAL ASSOCIATIONS

- California Psychological Association
- American Clinical Mental Health Association
- National Board of Certified Counselors (NBCC)
- EMDR International Association

## CREDENTIALS

- Licensed Professional Counselor (LPC) (Texas)
- LPCC Supervisor (CA)
- Nationally Certified Counselor (NCC)
- EMDR Certified Therapist
- Registered EMDRIA Consultant
- Certified Forensic Mental Health Evaluator (CFMHE)



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