

# Support beyond Sebby's Corner

A signposting guide for families

If you or your family need additional help, this guide brings together trusted charities and services that may be able to support you with essentials, food, finances, safety, mental health, housing and more.

## Not sure where to start?

Speak to Sebby's Corner and we'll do our best to guide you towards the right support.

[sebbyscorner.co.uk](http://sebbyscorner.co.uk)

## Key numbers

|                         |                      |
|-------------------------|----------------------|
| Emergency               | <b>999</b>           |
| Domestic Abuse Helpline | <b>0808 2000 247</b> |
| Childline               | <b>0800 1111</b>     |
| Shelter                 | <b>0808 800 4444</b> |
| Shout (text)            | <b>85258</b>         |

## BABY BANKS & CLOTHING

Practical essentials, clothing and equipment

### Baby Bank Alliance Map

Find your closest baby bank using the UK-wide interactive map. Baby banks can provide essential items such as clothing, toys and baby equipment.

### Sebby's Corner

Essentials for families in need, including clothing, nappies, toiletries, baby equipment and other practical support. Visit the referrals page to find out how to access help.

### Teen Threads

Borehamwood-based clothing support for young people aged 10–18, with additional support for some care leavers and young people with additional needs up to age 25. Provides pre-loved clothing, shoes and toiletries.

### Choices Boutique

Provides good-quality, pre-loved baby and children's clothing and equipment free to families who need support. Based in King's Cross, London.

## FOOD SUPPORT

Emergency food and local foodbank services

### The Trussell Trust

Search for food banks and local food support across the UK.

### Borehamwood Foodbank

Emergency food support for individuals and families in the Borehamwood area.

### Chipping Barnet Foodbank

Food assistance for people in need in the Chipping Barnet area.

### WD6 Food Support

Emergency food support in Borehamwood. No voucher or referral is required.

## GRANTS & FINANCIAL SUPPORT

Help with essential costs, benefits and school uniform

### Family Fund

Grants for families raising disabled or seriously ill children, helping with essential items, equipment and family needs.

### Buttle UK

Support for children and young people in crisis, including grants that can help with essential household items, education and activities.

### Glasspool Charity Trust

Small grants for people experiencing financial hardship, which may help with essential household needs.

### Turn2us

Benefits information, grants search and practical tools to help people experiencing financial insecurity.

### Uniformed

School uniform support through partner organisations. Voucher applications are managed through Uniformed's referral partners rather than direct individual applications.

## DOMESTIC ABUSE SUPPORT

Confidential advice and specialist support

**If you are in immediate danger, call 999**

### National Domestic Abuse Helpline (Refuge)

Free, confidential support 24 hours a day.

**Call 0808 2000 247**

### Hertfordshire Domestic Abuse Helpline

Local confidential advice and support in Hertfordshire.

**Call 0300 790 6772**

## MENTAL HEALTH & EMOTIONAL SUPPORT

Support for adults, children and young people

### Mind

Information, advice and support for people experiencing mental health problems, as well as families and carers.

### YoungMinds

Mental health information and support focused on children, young people and their parents or carers.

### Shout 85258

Free, confidential 24/7 text support for anyone in the UK who is struggling to cope.

**Text SHOUT to 85258**

### NHS Barnet & Enfield Talking Therapies

Free and confidential NHS talking therapies for people experiencing low mood, anxiety, stress or related difficulties.

### Childline

Free, confidential support and advice for children and young people. You can also use Childline's online services.

**Call 0800 1111**

## HOUSING & HOME SUPPORT

Housing advice, homelessness prevention and safer homes

### Shelter

Expert housing and homelessness advice, including help with eviction, renting and emergency housing issues.

**Call 0808 800 4444**

### HertsHelp

Local Hertfordshire support and signposting, including help to access advice and community services.

### Healing Homes West

Transforms rooms and, where possible, whole homes for children and families living in uninhabitable conditions in West London, free of charge for eligible families.

## SPECIALIST FAMILY SUPPORT

Practical, emotional and specialist help for families

### The Children's Society

Support for children and young people facing serious challenges, including poverty, exploitation and abuse.

### Home-Start

Local family support delivered by trained volunteers and staff, helping parents through challenging times.

### Carers UK

Information, advice and support for unpaid carers.

### Osteopathic Centre for Children

Specialist osteopathic care for babies, children and perinatal women.

### Happy Baby Community

Community support for women who are pregnant or have young children, with a particular focus on women who have fled violence or trafficking and are seeking asylum.

## ADDITIONAL LOCAL SUPPORT

Advice, advocacy and practical guidance

### Citizens Advice Barnet

Free, independent advice on benefits, debt, housing, employment and other issues. Sebby's Corner can also refer families for an appointment with Citizens Advice Barnet.

### Citizens Advice Hertfordshire

Free advice and support with financial, legal, benefits and housing issues across Hertfordshire.

### Inclusion Barnet

Support for disabled people to live independently, including information, advice, advocacy and brokerage.

## Need further assistance?

If you're unsure which service is right for you, please contact Sebby's Corner. We'll do our best to guide you towards the support you need.

[www.sebbyscorner.co.uk](http://www.sebbyscorner.co.uk)

### Important

This guide is intended for signposting only. Each organisation has its own eligibility criteria, referral routes and availability, which may change. Please check the organisation's website for the latest information.